



Active Minds

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Denver Metro Area

Active Minds Programs

Full Schedule available at www.activeminds.com

PLEASE NOTE:

**We are currently offering both virtual and in-person programs.
Be sure to RSVP for any in-person programs as restrictions may apply.**

Active Minds Partner Events (details below in right hand column)

- **Ostomy Support Group** - Nov 24 (and last Wed of each month, virtual)
 - **Colonoscopy Saturday** - Dec 4 (and 1st Sat of each month in Lone Tree)
 - **Breast Cancer Support Group** - Dec 16 (and 3rd Thurs of each month, virtual)
- Some of these partner events may not have resumed in-person yet. Please call to confirm.*
- **Ostomy Support Group** - 2nd Thurs in Lone Tree
 - **Breast Cancer Support Group** - 3rd Tues of month in Lone Tree
 - **Stroke Survivors Support Group** - 3rd Wed of month in Lone Tree
 - **Breast Cancer Support Group** - 3rd Wed of month in Denver
 - **Bariatric Weight Loss Support Group** - 3rd Wed of month in Lone Tree
 - **Breast Cancer Support Group** - 3rd Thurs of month in Aurora
 - **Breast Cancer Partner Support Group** - 4th Thurs of month in Lone Tree
 - **Bariatric Weight Loss Seminar** - every other month on the 2nd Thurs in Thornton

If you ever have any trouble with the program links in this e-mail, please go to www.activeminds.com

Upcoming Events:

Tuesday, November 23, 2021, 1:00-2:00 pm (in-person)

Spices

From the bland diets of Europeans in the early 16th century to the myriad of culinary flavors available today, spices have had a huge impact in the world. Join Active Minds as we trace the rise of spices from colonialism and the spice trade to the hundreds of varieties that are commonly stocked in nearby supermarkets.

Location: [Thornton Trail Winds Rec Center](#), 13495

Holly St, Thornton, CO 80602... [map](#)

Cost: \$6 (\$5 for Thornton residents)

Registration: Call 303-255-7850

***** Special Event *****

Tuesday, November 23, 2021, 1:30-3:30 pm (program from 2:00-3:00) (in-person)

Native Americans of Colorado

Join Active Minds as we tell the stories of the original inhabitants of Colorado. From Mesa Verde to the high plains, we will trace the civilizations of the Ute,

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[Living Healthy Articles & Resources](#)

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[Topics index](#)

[Coronavirus Resource Hub](#)

[Coping with COVID](#)

[Info on the flu](#)

[Cooking for better blood pressure](#)

Cheyenne, Arapaho, Pueblo and other tribes as we seek to understand Colorado's Native American history and legacy.

Location: [Garden Plaza of Aurora](#), 14221 E Evans Ave, Aurora, CO 80014... [map](#).

Cost: Free

RSVP: Tobias Keller: 303-873-2038 or tkellernare@centurypa.com

Other: Limited seating, social distancing. Masks required (even if vaccinated). Refreshments served.

Tuesday, November 23, 2021, 5:00-6:00 pm (in-person)

John F Kennedy

Join Active Minds for a look at John F Kennedy's life and legacy. Kennedy's brief presidency coincided with some of the most dramatic foreign policy events of his time including the construction of the Berlin Wall, the Cuban Missile Crisis, and the escalation of the Vietnam War. In this program, we will cover these milestones, and also seek to go beyond them toward a deeper understanding of the man behind the public image.

Location: [Tattered Cover](#), 2526 E Colfax, Denver, CO 80206... [map](#)

Cost: Free

Info: 303-322-7727

Monday, November 29, 2021, 2:00-3:00 pm Mountain Time (webinar)

Sand Creek Massacre

In November 1864, a 700-man force of the Colorado Territory militia attacked and destroyed a peaceful village of Native Americans in southeastern Colorado Territory, killing many innocent people. Join Active Minds as we tell this important and painful story of the Sand Creek Massacre and the scandal and controversy that it created. This event is sponsored by [HealthONE](#) and [Tattered Cover Bookstore](#).

Host: [Jefferson County Public Library](#)

Cost: Free

To Join Program: [Click here to register](#). Once registered, you will receive a Zoom link via e-mail 30 minutes before the program. This link will work for this and all future Jefferson County Public Library Active Minds programs, so you only need to register once if you save the link for future programs.

Info: Call the library at 303-235-5275 for help or information

Wednesday, December 1, 2021, 1:00-2:00 pm (in-person)

The Discovery of the South Pole

The South Pole was discovered by Roald Amundsen, "the last of the Vikings," in 1911. The race to the South Pole was one of the greatest international races prior to the race to the moon and was full of tragedy and triumph. It featured tiny, newly independent Norway against the British Empire, upon which the "sun never set." It was David vs Goliath. Join us as we tell the gripping story of those who perished and prevailed in this epic quest.

Location: [Broomfield Senior Center](#), 280 Spader Way, Broomfield, CO 80020... [map](#)

Cost: Free

RSVP required: 303-464-5543

[Understanding drug interactions](#)
www.HealthONECares.com



[Knee Pain Virtual Seminar](#)
(recording)

Join Dr. Chang for a FREE virtual seminar to learn about knee pain and options to eliminate it. This seminar was recorded on 4/1/21 and can be viewed by clicking the link below.

To watch: [click here](#)

www.OrthoONEdenver.com



[Virtual Ostomy Support Group](#)

Patients, caregivers, friends, and family are invited to attend our FREE **virtual** ostomy support group to meet others with ostomies, share experiences, learn new information and get support.

When: Last Wed of month, 3-4 pm. Next meeting: 11/24/21

Info: Call 720-225-2211

or e-mail:

curt.klass@healthonecares.com

www.SkyRidgeMedCenter.com



[Colonoscopy Saturdays!](#)

Sky Ridge Medical Center is hosting Colonoscopy Saturdays on the first Saturday every month.

Call the number below for a brief screening and initial assessment.

When: 1st Saturday of the month.

Next date: 12/4/21

Where: [Sky Ridge Medical Center](#),

10101 RidgeGate Pkwy, Lone Tree, CO 80124... [map](#)

Call: 720-225-1104

www.SkyRidgeMedCenter.com



[Breast Cancer Support Group](#)

This FREE group is for women with any stage of breast cancer

***** Special Event *****

Friday, December 3, 2021, 1:00-3:00 pm (1:00 reception, 1:30-2:30 program) *(in-person)*

King Tut

Join Active Minds as we tell the story of the famous Egyptian pharaoh and the time in which he ruled. We will place King Tut's life and reign in the broader context of ancient Egyptian history and cover the extraordinary but controversial discovery of his tomb in 1922.

Location: [Sunrise at Flatirons](#), 400 Summit Blvd, Broomfield, CO 80021... [map](#)

Cost: Free

RSVP required (limited seating): 303-466-2422

Parking: Complimentary parking is available. Please ask the Concierge about the parking when you make your reservation.

Other: Face coverings required. Social distancing will be observed.

Monday, December 6, 2021, 2:00-3:00 pm Mountain Time *(webinar)*

Pearl Harbor: The Day that Lives in Infamy

December 7, 1941 brought an attack upon the United States the likes of which had never been seen before. Join Active Minds over 80 years later as we tell the story from both the Japanese and the U.S. perspective. We will cover not only how the Japanese planned and executed such a bold attack, but also how the U.S. could have been caught so completely unaware. We will also examine the impact this had on World War II and the American psyche. This event is sponsored by [HealthONE](#) and [Tattered Cover Bookstore](#).

Host: [Jefferson County Public Library](#)

Cost: Free

To Join Program: [Click here to register](#). Once registered, you will receive a Zoom link via e-mail 30 minutes before the program. This link will work for this and all future Jefferson County Public Library Active Minds programs, so you only need to register once if you save the link for future programs.

Info: Call the library at 303-235-5275 for help or information

***** Special Event *****

Wednesday, December 8, 2021, 10:30 am-12:30 pm Mountain Time (program from 11:00 am-noon) *(webinar)*

Van Gogh

Join Active Minds for a journey into the life and art of Vincent Van Gogh, whose painting career spanned only 10 years, during which time he produced over 900 paintings, selling only one. We will explore the many challenges of his relatively short and troubled life as well as explore the mystery of his death and the lasting impact of his art.

Host: [Residences at University Hills](#), 2775 S Brook Dr, Denver, CO 80222... [map](#); 720-428-8869

Cost: Free

To Join Program: A few minutes before the program start time [click here to join the live webinar](#) (when prompted to join audio, select computer or internet audio).

Other: If for any reason you are unable to use the

from diagnosis through survivorship to receive support, compassion and information. A **virtual** group is currently being offered.

When: 3rd Thurs of each month from 6:00-7:30 pm. Next meeting: 12/16/21

For more info: 303-338-7773
www.AuroraMed.com

Please note: Some events below may not have resumed in-person yet. Please call to confirm.



[Breast Cancer Support Group](#)

This group is comprised of breast cancer survivors, newly diagnosed patients, Sky Ridge team members and community partners to provide support, compassion and information.

When: 3rd Tues of each month from 5:00-6:30 pm.

Where: Garden Level Boardroom, [Sky Ridge Medical Center](#), 10101 RidgeGate Pkwy, Lone Tree, CO 80124... [map](#)

Join by phone: 719-446-1162, guest passcode 534-651-4304

Info: 720-225-2273, option 1
www.SkyRidgeMedCenter.com



[Stroke Survivor Support Group](#)

Join stroke survivors, Sky Ridge stroke team members, and community partners for support, compassion and information.

When: 3rd Wed of each month from 10 am to noon.

Where: [Sky Ridge Medical Center](#), 10101 RidgeGate Pkwy, Lone Tree, CO 80124... [map](#)

Questions: 303-814-2863
www.SkyCliff.org

webinar link above, it is possible to join by phone with audio only. For info on dialing in using your phone [click here for audio only dial-in instructions](#).

Wednesday, December 8, 2021, 2:00-3:00 pm (in-person)

Abraham Lincoln

Join Active Minds for a look at the man and the legend. He is rated by many as the greatest president in our country's history, yet there are as many fascinating myths as there are great true stories of his life. We will tell a few of these tales as well as reflect on how he changed history in ways that continue to this day. This event is sponsored by [Cherry Creek Retirement Village](#), [Springbrooke](#), [Five Star Residences of Dayton Place](#), and [Garden Plaza of Aurora](#).

Location: [Heather Gardens](#) (Auditorium), 2888 S Heather Gardens Way, Aurora, CO 80014... [map](#)

Cost: Free

RSVP required: 303-751-1811 (ext 5)

Other: Attendees must wear face coverings and practice social distancing

Wednesday, December 8, 2021, 3:00-4:00 pm (in-person)

John F Kennedy

Join Active Minds for a look at John F Kennedy's life and legacy. Kennedy's brief presidency coincided with some of the most dramatic foreign policy events of his time including the construction of the Berlin Wall, the Cuban Missile Crisis, and the escalation of the Vietnam War. In this program, we will cover these milestones, and also seek to go beyond them toward a deeper understanding of the man behind the public image.

Location: [RiverPointe](#), 5225 S Prince St, Littleton, CO 80123... [map](#)

Cost: Free

RSVP required (limited seating): RiverPointe: 303-797-0600

Other: Attendees must wear face coverings

Thursday, December 9, 2021, 1:00-2:00 pm Mountain Time (webinar)

India in Crisis

The COVID crisis began setting tragic mortality records in India this past spring and the situation is likely to get worse before it gets better. Join Active Minds as we explore the current crisis in India as well as the political and historical backdrop against which it is set. The country has been led since 2014 by Prime Minister Narendra Modi, a controversial but widely popular leader from the BJP, a Hindu Nationalist party. His policies have alienated the Muslim minority within India, particularly in the disputed Muslim-majority region of Jammu and Kashmir. Additionally, tensions with China have sparked border skirmishes that reflect a challenging regional dynamic between the two largest countries in the world. This event is sponsored by [HealthONE](#) and [Tattered Cover Bookstore](#).

Host: [Central Park Master Community Association](#) and [Denver Public Libraries](#)

Cost: Free

To Join Program: A few minutes before the program start time [click here to join the live webinar](#) (when

[Breast Cancer Support Group](#)

This group is for women with any stage of breast cancer from diagnosis through survivorship to receive support, compassion and information.

When: 3rd Wed of each month from 5:30-6:30 pm.

Where: [Rose Medical Center](#), Physicians Office Bldg 2, basement level, 4500 E 9th Ave, Denver, CO 80220... [map](#).

RSVP: Walk ins welcome [www.RoseMed.com](#)



[Bariatric Support Group](#)

Join our monthly Bariatric Weight Loss Support Group.

When: 3rd Wed of each month from 6:30-8:00 pm.

Where: [Sky Ridge Medical Center](#), Garden Level Auditorium, 10101 RidgeGate Pkwy, Lone Tree, CO 80124... [map](#)

Info: 720-225-2229

[www.SkyRidgeMedCenter.com](#)



[Breast Cancer Partner Support Group](#)

This group is comprised of partners of breast cancer survivors, Sky Ridge team members and community partners to provide support, compassion and information.

When: 4th Thurs of each month from 6:00-7:00 pm.

Where: Garden Level Boardroom, [Sky Ridge Medical Center](#), 10101 RidgeGate Pkwy, Lone Tree, CO 80124... [map](#)

RSVP: 720-225-4249

Join by phone: 719-446-1162, guest passcode 534-651-4304

Info: 720-225-2273, option 1

[www.SkyRidgeMedCenter.com](#)



[Bariatric Weight Loss Seminar](#)

Join Dr. Georgescu for a FREE seminar to learn about weight loss

prompted to join audio, select computer or internet audio).

Other: If for any reason you are unable to use the webinar link above, it is possible to join by phone with audio only. For info on dialing in using your phone [click here for audio only dial-in instructions](#).

Tuesday, December 14, 2021, 12:30-1:30 pm (in-person)

Eleanor Roosevelt

As the longest-serving First Lady of the United States, Eleanor Roosevelt was both outspoken and, at times, quite controversial. Join Active Minds as we examine her life and the impact it had on important causes such as human rights and the successful launch of the United Nations.

Location: [Tattered Cover](#), 2526 E Colfax, Denver, CO 80206... [map](#)

Cost: Free

Info: 303-322-7727

Wednesday, December 15, 2021, 1:00-2:00 pm (in-person)

The Roots of Rock 'n' Roll

Emerging as a powerful force on the American music scene in the 1950's, Rock music has evolved with the decades and now includes many variations that sound pretty different from the likes of Chuck Berry, Elvis Presley and Little Richard. Join Active Minds as we return to the roots of Rock 'n' Roll and trace its history and cultural impact through the years.

Location: [Broomfield Senior Center](#), 280 Spader Way, Broomfield, CO 80020... [map](#)

Cost: Free

RSVP required: 303-464-5543

Thursday, December 16, 2021, 2:00-3:00 pm (in-person)

The History of Tea

Other than water, tea is the most widely consumed beverage in the world and one of the oldest, tracing its roots (so to speak) to at least the 5th century BCE. Join Active Minds as we tell the story of tea, including the role it played in colonial empire building, the different types of tea, how it is grown and processed, who grows and drinks the most (which are not the same), and much more. This event is sponsored by [Springbrooke](#), [Garden Plaza of Aurora](#), [Five Star Residences of Dayton Place](#), and [Kaiser Permanente](#).

Location: [Windsor Gardens](#), 597 S Clinton St, Denver, CO 80247... [map](#)

Cost: Free

RSVP: Not required

Thursday, December 16, 2021, 2:30-3:30 pm (in-person)

Franklin Delano Roosevelt

Reflecting on Roosevelt's presidency, his biographer commented that FDR "brought the United States through the Great Depression and World War II to a prosperous future. He lifted himself from a wheelchair to lift the nation from its knees." Join Active Minds as we look at the life and leadership of one of our nation's most admired presidents and examine how his legacy is currently viewed through the lens of our recent challenges.

options with open Q&A.

When: 2nd Thurs of every other month from 6-8 pm.

Where: [North Suburban Medical Center](#), Aspen/Spruce

Classrooms, 9191 Grant St, Thornton, CO 80229... [map](#).

RSVP: 303-920-4362 or [click here www.NorthSuburban.com](#)



[Ostomy Support Group](#)

Patients, caregivers, friends, and family are invited to attend our free ostomy support group to meet others with ostomies, share experiences, learn new information and get support. Refreshments provided.

When: 2nd Thurs of each month from 6:30-8:00 pm.

Where: Garden Level Classroom, [Sky Ridge Medical Center](#), 10101 RidgeGate Pkwy, Lone Tree, CO 80124... [map](#)

Info: Call 720-225-2211 or e-mail: curt.klass@healthonecares.com
www.SkyRidgeMedCenter.com



[Breast Cancer Support Group](#)

This group is for women with any stage of breast cancer from diagnosis through survivorship to receive support, compassion and information.

When: 3rd Thurs of each month from 6:00-7:30 pm.

Where: [Medical Center of Aurora](#), 1501 S Potomac St, Aurora, CO 80012... [map](#)

Questions: 303-338-7255
www.AuroraMed.com



[Seeking Volunteers](#)

Donate your time serving patients, visitors, staff and the community.

Where: [North Suburban Medical Center](#), 9191 Grant St, Thornton, CO 80229... [map](#).

Contact: Lorie Ward, Volunteer Manager, 303-450-4601 or Lorie.Ward@HealthONECares.com
www.NorthSuburban.com/Voluntee

Location: [Lakewood Reserve](#), 555 S Pierce St, Lakewood, CO 80226... [map](#)

Cost: Free

RSVP Required (Limited Seating): 303-742-4800

Other: Proof of vaccination required

Monday, December 20, 2021, 1:00-2:00 pm (in-person)

Take a Bite of the Big Apple

There's no place in the world quite like New York City. From Broadway to Wall Street, Little Italy to Central Park, New York has a history and an energy all its own. Join Active Minds as we virtually visit one of the world's most important cities. We'll explore the city's past and present, as well as the important people and places that have shaped this unique city.

Location: [Keystone Place at Legacy Ridge](#), 11180 Irving Dr, Westminster, CO 80031... [map](#)

Cost: Free

RSVP required: Keystone Place: 303-465-5600

Other: Vaccination card required (no copies/photos). Masks required.

Monday, December 20, 2021, 2:00-3:00 pm (in-person)

King Tut

Join Active Minds as we tell the story of the famous Egyptian pharaoh and the time in which he ruled. We will place King Tut's life and reign in the broader context of ancient Egyptian history and cover the extraordinary but controversial discovery of his tomb in 1922.

Location: [Bemis Public Library](#), 6014 S Datura St, Littleton, CO 80120... [map](#)

Cost: Free

RSVP: Not required

Monday, December 20, 2021, 2:00-3:00 pm Mountain Time (webinar)

Sugar

Sugar occupies a unique place in cultural and culinary landscapes. It has graduated from an esoteric ancient crop to an omnipresent part of modern food consumption. Sugar's history, however, is not always a sweet story, and it poses contemporary health concerns as well. Join Active Minds as we explore the fascinating world of sugar. This event is sponsored by [HealthONE](#) and [Tattered Cover Bookstore](#).

Host: [Jefferson County Public Library](#)

Cost: Free

To Join Program: [Click here to register](#). Once registered, you will receive a Zoom link via e-mail 30 minutes before the program. This link will work for this and all future Jefferson County Public Library Active Minds programs, so you only need to register once if you save the link for future programs.

Info: Call the library at 303-235-5275 for help or information

Thursday, December 23, 2021, 1:00-2:00 pm (in-person)

The History of Colorado

Come discover the stories of Colorado History. You will learn about the competing claims to Colorado dating back to the Native Americans who originally lived here. We will cover the 15 year struggle to become the 38th state as well as the role of mining and oil in the evolution of the state. Bring your favorite Colorado stories to



[HealthONE Emergency Rooms](#)

ER seconds count. HealthONE Emergency Rooms are fast and close. Experts are on staff 24/7 to care for you. Know your closest location:

[Rose Medical Center ER](#) [map](#)

4567 E 9th Ave, Denver, CO 80220.

Tel: 303-320-2455

[Rose Stapleton ER](#) [map](#)

4930 Wabash St, Denver, CO 80238.

Tel: 303-577-1500

[Presbyterian/St Luke's ER](#) [map](#)

2001 High St, Denver, CO 80205.

Tel: 720-754-4111

[Medical Center Aurora ER](#) [map](#)

1501 S Potomac St, Aurora, 80012

Tel: 303-873-2780

[Swedish Medical Center ER](#) [map](#)

501 E Hampden Ave, Englewood, CO 80113. Tel: 303-788-6911

[N Suburban Med Center ER](#) [map](#)

9191 Grant St, Thornton, CO 80229.

Tel: 303-450-4482

[Centennial Med Plaza ER](#) [map](#)

14200 E Arapahoe Rd, Centennial, CO 80112.

Tel: 303-669-3060

[Belmar ER](#) [map](#)

260 S Wadsworth Blvd, Lakewood, CO 80226.

Tel: 720-417-7200

[Southwest ER](#) [map](#)

6196 S Ammons Way, Littleton, CO 80123. Tel: 303-932-6911

[Northeast ER Thornton](#) [map](#)

12793 Holly St, Thornton, CO 80241. Tel: 303-280-6640

[Northwest ER Westminster](#) [map](#)

11230 N Benton St, Westminster, CO 80020. Tel: 720-460-3900

[Sky Ridge ER](#) [map](#)

10101 RidgeGate Pkwy, Lone Tree, CO 80124.

Tel: 720-225-1000

[Sky Ridge South Parker ER](#) [map](#)

12223 Pine Bluffs Way, Parker, CO 80134. Tel: 720-347-6100

[Saddle Rock ER](#) [map](#)

22500 E Dry Creek Rd, Aurora, CO 80016. Tel: 720-376-6400

share!

Location: [Castle Rock Senior Center](#), 2323 Woodlands Blvd, Castle Rock, CO 80104... [map](#)

Cost: Free

RSVP: 303-688-9498

Thursday, December 23, 2021, 6:30-7:30 pm Mountain Time (webinar)

Peru

In 2021, Peru marks the 200th anniversary of its declaration of independence after three hundred years of Spanish colonial rule. Once the center of Incan civilization, Peru suffered under Spain and has struggled since then navigating tensions between ethnic populations and a government that has fluctuated between military dictatorships and fragile democracy. Join Active Minds as we explore Peru's glorious and challenging history and put it all in the context of Peru today and tomorrow. This event is sponsored by [HealthONE](#) and [Tattered Cover Bookstore](#).

Host: [Central Park Master Community Association](#) and [Denver Public Libraries](#)

Cost: Free

To Join Program: A few minutes before the program start time [click here to join the live webinar](#) (when prompted to join audio, select computer or internet audio).

Other: If for any reason you are unable to use the webinar link above, it is possible to join by phone with audio only. For info on dialing in using your phone [click here for audio only dial-in instructions](#).

Tuesday, December 28, 2021, 5:00-6:00 pm (in-person)

Whiskey

The word whiskey, which means "water of life," conjures a variety of images, including scenic vistas of the Scottish Isles, gun-slingers sauntering into Western saloons and cups overflowing with mint and ice at the Kentucky Derby. Join Active Minds as we explore whiskey's history, how it is made, and some the classic types of whiskey from regions throughout the world.

Location: [Tattered Cover](#), 2526 E Colfax, Denver, CO 80206... [map](#)

Cost: Free

Info: 303-322-7727



[CareNow Urgent Care Clinics](#)

Call, walk-in, or check-in online to any of our conveniently located urgent care clinics (below). Flu shots available for \$20 at all clinics.

[Arvada map](#)

6413 Fig St, Arvada, CO 80004.

Tel: 720-449-8060

[Denver University](#)

[Neighborhood map](#)

1405 E Evans Ave, Denver, CO

80210. Tel: 720-449-8050

[Aurora map](#)

5620 S Parker Rd, Aurora, CO

80115. Tel: 720-446-5893

[Greenwood Village map](#)

5990 S University Blvd,

Greenwood Village, CO 80121.

Tel: 720-446-5890

[Highlands Ranch map](#)

7120 E County Line Rd, Highlands Ranch, CO 80126.

Tel: 720-446-5891

[Parker map](#)

11339 S Pikes Peak Dr, Parker,

CO 80138. Tel: 720-588-4000

[Quincy & Wadsworth map](#)

7600 W Quincy Ave, Littleton, CO

80123. Tel: 720-449-8062

[Stapleton map](#)

3001 N Havana St, Denver, CO

80238. Tel: 720-458-6825

[www.CareNow.com](#)



[Garden Plaza of Aurora](#)

Experience the retirement of your dreams. Garden Plaza of Aurora offers the best in Independent Living and Assisted Living on a full Continuum-of-Care Campus, where residents enjoy exceptional services and amenities with the peace of mind that all future care needs can be provided. Call: 303-750-0820

[www.gardenplazaaurora.com](#)



[Tattered Cover Bookstore](http://www.tatteredcover.com)

Bringing people and books together since 1971, the Tattered Cover is a Denver institution and part of the cultural and educational fabric of our community.
www.tatteredcover.com



[History Colorado Classes!](http://www.historycolorado.org)

The [History Colorado Center](http://www.historycolorado.org) offers a wide variety of educational programs for adults of all ages. [Click here](#) to view a list of classes.

Registration: Call 303-866-2394 and mention Active Minds to get special discount pricing.
www.historycolorado.org



[Denver Public Library](http://www.denverlibrary.org)

Access the world of information through Denver's 25 branch libraries. Come in and browse or request books online and have them delivered to the branch library closest to you.
www.denverlibrary.org



[9HealthFair](http://www.9HealthFair.org)

Own your health by getting the information you need. Find a fair near you, volunteer, and much more.
www.9HealthFair.org

Please tell our sponsors you heard about them from Active Minds.

Regards,

Active Minds
www.activeminds.com

303-320-7652



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